

Go First

A worksheet for taking that first step in reaching out

"Your job is to go. Their reaction is between them and God."

Do your part — reach out, trust God with the rest.

1 Who is God putting on your heart to contact?

NAME	HOW I'LL REACH OUT	WHEN
_____	_____	_____
	text / call / visit / letter	
_____	_____	_____
	text / call / visit / letter	
_____	_____	_____
	text / call / visit / letter	
_____	_____	_____
	text / call / visit / letter	
_____	_____	_____
	text / call / visit / letter	

◆ Starter Sentences — Use One to Break the Ice

- ◆ "Hey, I've been thinking about you lately and just wanted to check in."
- ◆ "I know it's been a while, but you've been on my heart and I didn't want to let that pass."
- ◆ "I've been praying for you and just wanted you to know that."
- ◆ "No pressure at all — I just wanted to reach out and say I'm here if you ever need anything."
- ◆ "I saw/heard something that reminded me of you and figured it was a sign to say hello!"

2 What's been holding you back from reaching out?

3 Release it — write a short prayer or declaration

"I release the outcome to God. My job is to go first."
